The Meadows
Cheeky Chimps Childcare

Intimate care policy:

At The Meadows, we support and carry out care routines on a daily basis which are tailored to the children's individual needs. Intimate care routines are important for ensuring that children are having their needs met. Intimate care routines include nappy changing, support with toileting, changing clothes and carrying out first aid.

To ensure that we are respecting the children's privacy, these intimate care routines may take place on a one-to-one basis in the designated areas.

We will encourage those using toilets/potties to have some independence and privacy in the cubicles/designated areas however, staff will support children when needed.

We will ensure the safety and welfare of the children and will safeguard the children at all times. To support this, the following actions will be in place:

- Promote good relationships with key children and ensure that all staff make bonds with the children in their rooms as well as those children around the nursery in other rooms.
- We will ensure that all staff who are carrying out intimate care routines, will be DBS checked.
- All Staff are required to wear white aprons and white gloves. These are to be changed after every use to prevent cross contamination of illness/germs.
- Nappy mats are to be disinfected after every use.
- Nappies are to be changed every 3 hours or less if soiled or needed earlier to be changed. This may go over if the 3 hours is the child is asleep.
- All Nappies are to be recorded on the Famly app and the white board in the designated nappy/toilet areas.
- All staff are to be first aid trained or at least booked onto a first aid training course.
- New staff are to have inductions to ensure they are aware of the nursery policies and procedures including intimate care routines.
- Staff will have regular supervision/peer on peer meetings to identify any areas of development or training.
- Staff will work closely with parents to support children's development and care routines to ensure their child's needs are being fully met. (Please see parent as partners policy).
- All staff are to have their safeguarding training up to date and they are aware of the settings safeguarding policies and procedures.
- Staff have read and will adhere to the whistleblowing policy and understand the procedure.
- The nursery conducts regular risk assessments to ensure that all areas of the setting are safe a secure.
- Staff are to ensure that no technology devices are taken into the nappy areas.
- All personnel electronic devices are locked in the office or designated lock box and must not to be used front house at any one time. *(please refer to electronics devices policy)*

If any staff member, visitor or parent/carer has any concerns or questions about the children's intimate care routines, policies or procedures, are to approach the manager or deputy manager.

Gemma Farrar 13.9.2026

Review 13.9.2027

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